

29th Annual Palmyra Junior Wrestling Holiday Tournament & Girls Tournament

Sunday, December 10, 2017

Palmyra High School, 4th Street and Delaware Avenue, Palmyra, NJ *Double Elimination **Qualifier for Ohio Tournament of Champions *

Weigh-ins

Saturday, December 9 from 4:00 to 6:00 pm at Palmyra Community Center, 22 West Broad Street, Palmyra (less than 1/2 mile from the high school).

Sunday morning, December 10: Pre-registered only (NO Tots) and you must make weight:

7:00 to 8:00 am: Bantams; 11:00 am to noon: Midgets, Juniors, Intermediates.

Admission: Adults & coaches: \$5.00. Seniors & children: \$3.00.

Start times: 9:00 AM: Tots, Bantams. 1:00 PM: All Girls brackets, Midgets, Juniors, Intermediates.

Awards: Trophies for top three finishers.

Entry Fee: \$25 per wrestler if registered by December 9, 2017. Walk-ins \$30 (Saturday night only).

Registration will be capped at 300 wrestlers, so register early!

Hot food, snacks, t-shirts, and equipment available all day!

Meet rules: 1. Double elimination.

- 2. Certified officials/scholastic rules. No high school wrestlers.
- 3. Times: 1 -1 -1 for Tot, Bantam, Midget, Junior. 1 1.5 -1. 5 for Intermediate.
- 4. Birth certificate (with registration) upon request (must present birth certificate to challenge).
- 5. You may enter more than one division but not more than one weight class in the same division
- 6. Director can combine weight classes/ages to create more competitive brackets, **including** moving girls into boys' divisions.
- 7. We will announce *limited satellite weigh-in locations* in the fall.
- 8. Madison system for Tots and Girls; again. Tots must weigh in on Saturday.

Weight classes:

Divisions	Birth Dates	Weight classes
Girls	2003-2012	Madison System
Tot	2011-2012	Madison System: Must weigh-in Saturday night!
Bantam	2009-2010	40-45-50-55-60-65-72-80-90-HWT
Midget	2007-2008	48-52-56-60-64-68-72-76-80-85-92-100-115-130-HWT
Junior	2005-2006	56-60-64-68-72-76-80-85-90-95-100-110-125-140-160-HWT
Intermediate	2003-2004	68-72-76-80-84-88-92-96-100-105-110-115-120-126-133-140-150-
		160-175-HWT

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Complete the form below and mail form, proof of age, and check to Palmyra Jr. Wrestling, PO Box 314, Palmyra, NJ 08065.

Questions?: Contact Cara Broadbelt at caraleighann@comcast.net

I hereby give this child permission to wrestle in the 2017 Palmyra Junior Wrestling Holiday Tournament and release all sponsoring bodies, officials, committee, and referees from all liability.

Parent/Guardian:	Date:	