

2018 Mid Atlantic Middle School Duals

Team Dual Tournament Featuring Track Wrestling

8th Grade and Under

Saturday December 1, 2018

Warm up for the VAC Duals

Where:

*******New Location*******

William Penn High School 713 Basin Rd. New Castle, De 19720

Weigh ins: Friday 6:00pm-7:30 pm AND/OR Saturday 7:00am-7:30am
Wrestling begins 8:30 Am. Teams are encouraged to weigh in together.

Entry Fee: \$500.00. Online registration begins September 2018. \$100 holds your spot. Rosters and final payment must be received by 11/27/2018. Each team will supply one table worker for their matches. Two coaches and one table worker admitted free. Please send updated email, Cell and coaches info with registration.

Format: This is a team dual tournament. Up to 15 teams max first come first serve. Divisions and weight classes are identical to the VAC duals. Each team will tentatively wrestle 5 matches. Exhibition matches as time permits.

Eligibility: 8th grade under / no high school wrestlers.

Weight Classes: **72, 76, 80, 84, 88, 92, 96, 100, 105, 110, 115, 120, 130, 140, 160, 210 PLUS 1lb weight allowance**

Awards: "Champion" T-shirts to winning team

Tournament Rules: Modified DIAA rules. Forfeits will count as six team points. Wrestling shoes taped. No more than two coaches per corner. Parents will not be allowed mat side. College out of bounds rules will be used.

Length of Bouts: 3- 90 second periods. 1 minute OT. 30 second ride out.

Admission: \$10 for anyone not wrestling. Children under 3 yrs. free. Only two coaches and one table worker per team that are submitted with the roster will be admitted for free.

FULL CONCESSION AVAILABLE

Checks should be made payable to: ACCA sporting events LLC

P.O.Box 595

Middletown, DE 19709

Contacts: Bill 302 218 0759 abandjn@msn.com

Joe 302 584 4895 archjh4@aol.com