

**2018 Mid Atlantic Elementary Duals**  
Team Dual Tournament Featuring Track Wrestling  
6th Grade and Under  
Sunday December 2, 2018  
**Warm up for the VAC Duals**

**Where:** \*\*\*\*\***New Location**\*\*\*\*\*  
William Penn High School 713 Basin Rd. New Castle, De 19720

**Weigh ins:** Saturday 5:00pm-6:30 pm AND/OR Sunday 7:00am-7:30am  
Wrestling begins 8:30 Am. Teams are encouraged to weigh in together.

**Entry Fee:** \$500.00. Online registration begins September 2018. \$100 holds your spot. Rosters and final payment must be received by 11/27/2018. Each team will supply one table worker for their matches. Two coaches and one table worker admitted free. Please send updated email , Cell and coaches info with registration.

**Format:** This is a team dual tournament. Up to 15 teams max first come first serve. Divisions and weight classes are identical to the VAC duals. Each team will tentatively wrestle 5 matches. Exhibition matches as time permits.

**Eligibility:** K-6<sup>th</sup> must not be more than 13 years old the day of the tournament.

**ALL WEIGHTS WILL RECEIVE A 1 POUND ALLOWANCE**

**Weight Classes:** 48-52-56-60-64-68-72-76-80-84-88-92-96-100-110-130 (+1)

**Awards:** "Champion" T-shirts to winning team

**Tournament Rules:** Modified DIAA rules. Forfeits will count as six team points. Wrestling shoes taped. No more than two coaches per corner. Parents will not be allowed mat side. College out of bounds rules will be used.

**Length of Bouts:** 3 - one minute periods. 1 minute OT. 30 second ride out.

**Admission:** \$10 for anyone not wrestling. Children under 3 years free. Only two coaches and one table worker per team that are submitted with the roster will be admitted for free.

**FULL CONSESSION AVAILABLE**

Checks should be made payable to: ACCA sporting events LLC

P.O.Box 595

Middletown, DE 19709

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