

# W.A.R. ZONE Wrestling Competition



**JULY 14, 2018**

**at The Rock Rec  
Sports Complex  
340 Carveton Rd,  
Trucksville, PA 18708**



Brought to you by  
Altered Beast Wrestling  
Academy and NEPA  
Recreation



**Cost:** \$10  
**Format:** W.A.R. Zone  
(Rapid pairing against  
well matched  
opponents).

**A FUN AND SAFE WRESTLING  
COMPETITION APPROPRIATE FOR  
EXPERTS AND BEGINNERS FROM  
4 - 18 YEARS OLD.**

**Registration and info at  
[www.WellRunTournaments.com](http://www.WellRunTournaments.com)**