

# **Mid Atlantic Freestyle Duals**

K-8 and HS Divisions

Sunday May 20, 2018

## **Warm up for Schoolboy, Cadet, or Junior Duals**

**Where:** William Penn High School, 713 E. Basin Rd. New Castle, DE 19720

**Weigh ins:** Saturday 6pm – 8pm. Sunday 8am – 8:30am.  
Wrestling begins 9:00am

**Entry Fee:** \$450. Rosters and payment must be received by 5/13/2018. First come, first served basis. Each team will supply one table worker for their matches.

**Format:** This is a team dual tournament. Pool format. Teams randomly seeded. 12 teams per division maximum. Each team will tentatively wrestle 5 matches. Exhibitions as time permits or on exhibition mat. Greco Roman exhibition mat and sign up sheet available.

**Eligibility:** K-8<sup>th</sup> must not be born before 2002 (Cadet). HS division is for any wrestler born before 2002 and still in High School (including 2018 grads)

### **Weight Classes:**

**K-8:** 50-55-60-65-70-75-80-85-91-98-105-112-120-130-145-160-225

**HS:** 94-100-106-113-120-126-132-138-145-152-160-170-182-195-220-HWT

**Awards:** "Champion" T-shirts to each member of the winning team.

**Tournament Rules:** USA Wrestling (USAW) rules apply in all circumstances not covered herewith in. No more than two coaches per corner. Parents will not be allowed mat side.

**Length of Bouts: K-8:** 2 - 2 minute periods

**HS:** 2 - 3 minute periods

**Admission:** \$5 for anyone not wrestling. Only the two coaches and one table worker per team that are submitted with the roster will be admitted for free.

### **FULL CONSESSION AVAILABLE**

Forward checks and contact info (email and phone) to: ACCA Sporting Events  
P.O.Box 595  
Middletown, DE 19709

Contacts: Bill 302 218 0759 abandjn@msn.com  
Joe 302 584 4895 archjh4@aol.com