



NOVA Holiday Open Wrestling Tournament December 16, 2018

8 Full size mats!

Format:

- Madison System, 5 wrestlers per round robin bracket
- 4 matches per wrestler
- Teammate will be separated when possible - if team is noted on registration form

1st & 2nd Grade and 3rd & 4th Grade in 2-year age groups:

- Matches will be 1 - 1 - 1 in length
- Weigh-in/ Registration is 7:30 am - 8:30 am - Wrestling will begin at 9:30 am

5th & 6th Grade and 7th & 8th Grade in 2-year age groups:

- Matches will be 1:30 – 1:30 – 1:30 in length
- Weigh-in/Registration is 10:30 am - 11:30 am - Wrestling will begin at 12:30 pm

[Register ONLINE](#) until December 14th, 11:59 PM, \$25. Walk-ins \$40

Awards: Champion trophies to each 1st place wrestler and medals to 2nd and 3rd

Free admission for spectators!

Tournament Director: Joel Caruso, joel.caruso@lcps.org

Location: Rock Ridge High School, 43460 Loudoun Reserve Dr, Ashburn, VA 20148



Hosted by the Rangers Wrestling Club and the Northern Virginia Wrestling Federation and sanctioned by USA Wrestling

All Wrestler must have a [USA Wrestling Card](#) (Limited Folkstyle Athlete or greater)